

Siberian Tales

VOLUME 44.1

BAY AREA SIBERIAN HUSKY CLUB

JANUARY 2024

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New Year Resolutions for BASH



We want to do more “evnts with our dogs” The most popular ideas so far are

Hikes

Get together at a Brewery

Get together at a Winery

Meeting for Carting

Meeting for sledding

Other ideas that you are interested in heading up???

I have people watching for places we might be able to meet up to go and play in the snow with the dogs on a day run (Truckee area)

We can cart up on Umunhum if we have enough dogs.

The last two ideas will be last minute notice and see what we can do.

A few of us have sleds, lines and harnesses if you want to borrow them and go on your own. We have sizes from a kids sled to ones that will handle overnight gear.

Ingredients 1 1/4 cups rice flour 2 eggs 2 Tablespoons vegetable oil 1 Tablespoon honey

Directions 1. Preheat oven to 350 degrees. 2. Line a baking sheet with parchment paper. 3. Mix eggs, vegetable oil, and honey in a bowl. 4. Add the flour and mix well form a dough. 5. Roll dough onto floured surface until it's about 1/4 inch thick. 6. Using a snowflake cookie cutter, cut out the cookies and place on baking sheet. 7. Bake cookies for about 15 minutes or until golden. 8. Cool thoroughly before serving.



to

#2 Ginger Apple Cookies

Grain Free dog treats made with apples and ginger!

Serves: 25

Ingredients

- 1 cup brown rice flour (we used Bob's Red Mill Organic)
- 1/2 cup apple, finely diced
- 1/2 cup Greek yogurt (plain)
- 1/2 tsp fresh ginger (finely minced) or 1 tsp ground ginger
- 1 tablespoon coconut oil

Instructions

1. Preheat oven to 350 degrees F.
2. Combine all ingredients in a large mixing bowl.
3. Stir together until well combined. If necessary, thoroughly mix together with hands.
4. Turn mixture out onto a floured, flat surface and roll out with a rolling pin to approximately 1/4".
5. Cut into desired shapes and place on a baking sheet coated with nonstick spray.
6. Bake for 25 minutes, until golden brown.



#3 Organic Peanut Butter Cookies

Ingredients:

1. 1 cup organic peanut butter
2. 1 cup skim milk
3. 1 tablespoon baking powder

2 cups whole-wheat flour, plus more for cutting out the cookies

Instructions 1. Preheat the oven to 375 degrees F. 2. In a medium-size mixing bowl, combine the peanut butter and milk. Drizzling the milk in slowly will allow you to combine it more efficiently. 3. In another large mixing bowl, combine the baking powder and whole-wheat flour. 4. Slowly add the dry ingredients to the peanut butter-milk mixture. Combine all of the ingredients until thoroughly mixed. 5. On a sheet of parchment paper, sprinkle a tiny bit of wheat flour on the surface and roll out the dough to reach your desired dog treat thickness. Using your dog bone cookie cutters, cut out dog treats and place them onto a greased cookie sheet. 6. Bake for 15 to 20 minutes.



Readers Share Their Dedications

Many of us create a short list of New Year's resolutions in January, promising to improve ourselves or pay it forward for others. Some of us with furry family members have made such promises to our pets.

Nationwide pet insurance asked its fan base to share their New Year's resolutions to their pets. Here's what they had to say.



pets.

1. Walk Dogs Daily

We can all pack on pounds during the holiday season. Exercising is always more fun with a friend, so head outdoors with Fido and get your heart rate up.

2. Feed Healthier Diet and Treats to Pets

No more table scraps. Stick to a good quality kibble for your pet and offer some healthier snack options, such as carrots, apples or homemade pet treats.

3. Brush Pet's Teeth Daily

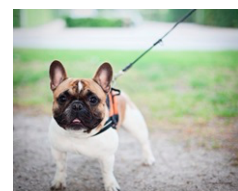
A daily brushing helps eliminate tartar, prevent dental disease and protect your pet's overall health. Annual dental checkups will be easier on both you and your pet.

4. Keep Toxic Substances Out of Pet's Reach

Nearly 7,000 claims were filed in 2015 by Nationwide pet insurance policyholders for toxic ingestion. Pet owners vowed to keep toxic substances such as household products, medications, food, alcohol and plants away from pets to prevent accidental poisoning.

5. Attend Training or Obedience Classes

Your dog doesn't have to be rowdy to attend training or obedience classes. Many dogs enjoy the challenge and the bonding time gained from attending these classes with their owners. A refresher course every couple of years is also recommended by training experts.



6. Enroll Pets in Pet Insurance

What better way to budget for the coming year by saving money on veterinary expenses *and* providing your pet optimal healthcare? Pet owners say they want to be better prepared for the unexpected. Pet owners can now choose from a variety of plans that meet their needs and fit every budget.

7. Go on an Adventure with Pets

Do you have an adventurous dog breed? Or a curious cat? You don't necessarily have to take a road trip with your companion, a visit to the local pet store to check out the critters in cages and aquariums can be a whole lot of fun. Many restaurants are now offering dog-friendly seating areas and during the off season, more beaches are open to dogs.

8. Spend More Quality Time with Pets

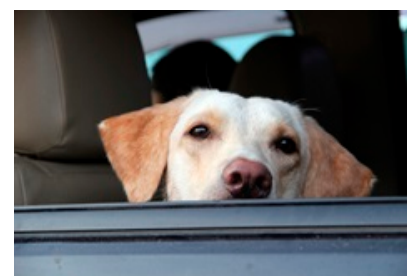
Pet owners plan on making more time for their pets to cuddle, play and simply bond, perhaps by binge-watching a favorite TV show on couch together (*after* taking that long walk). Studies show a little extra TLC goes a long way toward health and happiness.

9. Schedule a Photo Shoot with Pets

Photo shoots aren't just for *people*, tsk tsk. You might think this is a costly resolution but you might be surprised by how many affordable pet photographers are out there. Many even offer discounted mini sessions for you and your companion. You'll treasure the photos for a lifetime.

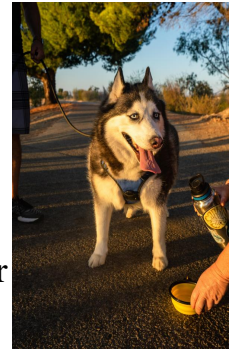
10. Write a Bucket List for Senior Pets

What do you think your senior pet wants to do before crossing the Rainbow Bridge? Bucket lists might be a trendy topic, but you can make the last phase of your pet's life memorable by compiling—and completing—a list of activities that will have his tail wagging and your heart soaring.



Heron Ho heronbash@gmail.com

Meet Ellie!!! This 5 year old cutie gives the sweetest of kisses and is the sweetest of all fluff. When it's cool outside, she loves walking on cool summer evenings and she loves the wind in her face on car rides. Ellie is lady of few words, but she speaks her mind when something stirs her soul. You'll need to be patient with Shelly until she finally gains your trust, but once she does, she'll be your most devoted companion and will open up to you. She loves to stay by your side no matter where you are and always stays close to watch over you while you sleep. A torn ligament in her right back leg caused her severe anxiety in the Animal shelter, so we decided to pull her and thanks to the staff at MedVet they were able to perform TPLO surgery so quickly. She's made great progress since then and has learned how to walk, love, & trust again since her surgery. A little time is needed for her to warm up and feel comfortable The new sights, sounds, & friends make her feel more confident in new environments, and her new mobility means she can explore a whole new world of fun. If you are looking for a mellow, affectionate and loyal companion. Ellie is your girl!

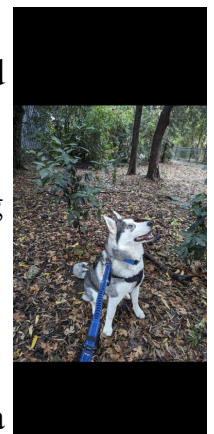


On her paperwork her name is Dior, but we think the name **Toasty** fits her better. While she is elegant looking, she is a cuddly, down to earth pup who enjoys wrestling with her foster brothers, and playing ball. Toasty likes to explore, play and go for walks, but she is also happy spending time relaxing with the family nearby. She is excited to meet new people-especially if they give her pets. Toasty can be shy meeting new dogs but warms up after a while. There are cats at her foster home. She is trying to figure out what they are. A forever home with the right cat might be a possibility with some training. Toasty has some training already. She is crate trained and is house trained at her foster home but in a new environment she will need some work to figure out where to go. She knows sit and is willing to learn. Toasty is ready and waiting for her forever home.



Inna is a very sweet, affectionate well socialized 6 month old pup. She is friendly with other dogs she meets and lives with 2 mellow indoor cats. Inna is a head turner, with a pretty tri- color, light gray wolf color, and snow white underside and those husky blue eyes! She is at the perfect puppy age, cute and playful, eager to learn and already sleeps through the night and past the teething phase! She would love to be matched with an outdoor lover like herself to go on hikes, runs and long walks with.

Inna has been loved and raised by one family since she was 9 weeks old, sharing her time between her dog mom's suburban apartment and her dog grandmother's ranch. She is equally comfortable with puppy pads on the patio and leash walks in city parks and streets and ranch life with a fenced pasture, a rugged digging area, a giant lawn and trail walks. She frequently visits and plays with children, but needs supervision. Inna is spayed and has all her shots. She is leash trained, has attended fundamental puppy training class and knows basic commands but needs more work, is crate trained and “potty” trained. Available to her new owner are all her toys, kennel, bed, gear, and a Fi collar. Her dog mama is dealing with medical issues that now prevent her from giving Inna the home



she deserves and grandma can't keep up. She is being placed because the owner has health issues that keeps her from being able to care for the dog.

Pokeman puppies- We were asked to help with a litter of a dog adopted from an individual and when she took the dog to the vet for the spay, found out she was pregnant and to far along for the vet to spay. The vet agreed to help with the puppies if the owner would keep the mom and pups until they were old enough to be taken from mom. Originally she would keep til 8 weeks, then 7, then 6 and suddenly when they were just over 4

the lady wanted them out NOW. The puppies are about 6 weeks at this printing. There are 7 boys and 1 girl.

Watch the BASH website for more information. BASH has 8 sib/? Puppies that will be 8 weeks old on January 12. Check out the website for more information on them.



Bay Area Siberian Husky Club

Membership Renewal and Associate Application 2024-25

Membership \$35.00

To be a voting member you need to attend 2 general meetings and then ASK to be voted in as a voting member

Date _____
Name(s) _____
Mailing address _____
City, State, Zip _____
Area code and phone _____
E-mail Address _____
Amount Enclosed \$ _____

_____ I would like the newsletter mailed to me.