# Siberian Tales

VOLUME 41.9

BAY AREA SIBERIAN HUSKY CLUB

SEPTEMBER 2021

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Bash Christmas Party will be at Three Flames on December 5<sup>th</sup>. Mark your calendars

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## BASH Meeting BASH General Meeting Saturday September 18, 2021 5 pm



Billotto1412@aol.com 408-258-9806

> 1412 Stone Creek Sr San Jose CA 95132

Come about 5pm and we will start the meeting at 5:30 If you can't come, here is the Zoom link (we will do our best but make no promises that you will hear all or be seen to ask

### questions.

Meeting ID: 820 1321 0512 Passcode: 794680 One tap mobile +16699006833,,82013210512#,,,,\*794680# US (San Jose) +12532158782,,82013210512#,,,,\*794680# US (Tacoma)

Dial by your location +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 929 205 6099 US (New York) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) Meeting ID: 820 1321 0512 Passcode: 794680 Find your local number: https://us02web.zoom.us/u/kb0OrVIIEi We will discuss upcoming events ??? :

Hikes Christmas Party Rescue

And anything else people



would like to talk about

Dinner will follow meeting RSVP if you are coming so we have a count for dinner. BASH will supply the meal and drinks. Hope to see many at this meeting....

It was great a the last meeting just seeing people and being able to talk to each other, catch up etc....

## Greta kindly went through many of our previous newsletters to find a list of places to go hiking. They are listed as follows with the date so you can look up directions etc....

Hello All:

I went through previous newsletters to revisit some of the Husky Hikes that we've taken in the past, and made a list of them, with comments, and references for which newsletters contain the basic information.

How time flies! The information in the newsletters may be out of date or inaccurate now, in light of the forest fires, passage of time, and expanded populations of the greater bay area, but the info can serve as a basis for finding more places to take our huskies during current times. I've included the actual date of the hike, the leads, if known, and the newsletter references you can look up on the Newsletter pages on <u>bayareasiberian.com</u>

Anyhow, here's a list from the newsletters of the ones I found ..

Coal Creek Open Space Preserve/Russia Ridge Preserve -- Skyline Blvd near Alpine Road and Page Mill --Kim Flores and Marie Stevens March 8 2014 Mar14 -- Announcement and Directions Apr14 -- Recap

Garin/Dry Creek Pioneer Park in the foothills above Union City, May Road Entrance, A number of different trails, can be too hot in Summer Jan15 Announcement and Directions Feb15 Recap Second hike June 3 2018 Announcement May18. Recap Jul18 High Ridge Loop Trail to Jordon Point, return on Dry Creek Trail.

Don Edwards Wildlife Preserve Refuge Headquarters Visitor Center Parking Lot, Newark near Fremont First Hike, February 2015 Feb15 Announcement and Directions Second hike was taken here February 28, 2016 Recap at Mar16, and includes information on the Apay trail into Coyote Park which adjoins Edwards Preserve Third hike, Saturday September 24, 2016, announcement Sep16, recap Oct16 that covers hike along Marshlands Road, Harrier Spur Trail, Hilltop Overlook, Tidelands Trail back to Learning Center. Fourth Hike, January 22, 2017, Recap Feb2017 Quarry Trail out of Edwards Preserve to Apay Trail in Coyote Regional Park Fifth Hike Apr17 Another hike from Edwards Preserve into Coyote Park via Quarry and Apay Trails. 4.5 miles. Alameda Creek Regional Trail Staging Area, nearest address 34988 Eastin Dr. Union City, 94587

Carting and Scooting with your dogs Announcement with Directions, Mar18 and Recap Apr18 Second visit, May 6 2018, Announcement and Directions Apr18, Recap2018

Redwood Shores, Redwood City, end of Radio Road Shore Dog Park to levee trail Sunday, May 20 2018 Announcement Apr18, Recap Jun18 Greyhound Rock Santa Cruz County Park BeachHighway 1near Davenport, South of Ano Nuevo State ParkBeat the weekend traffic jams with early morning visit - check weather and tide tables for safety, highly<br/>variable weather all year around, good summer hike if it's not during a heat wave.Highway 1First Hike, Saturday, March 14, 2015Mar15 Announcement - Directions Apr15 Recap<br/>Second Hike, July 10, 2016Recap at Aug16

Almaden Quicksilver County Park -- Hacienda Park Entrance, Old Almaden Road just past the town of Almaden. Old Mine Trail. Hike is very challenging, 5 mi. with 1100 ft rise, no potable water for people or dogs. Not for hot days. At the far south east of this large park.

First Hike Sunday, April 12 2015 Apr15 Announcement - Directions, May15 Recap

Second hike at Almaden Quicksilver County Park Hicks Road at Mt. Umunhum Rd, at the north west area of the park -- Hicks Road/Wood Road entry point, English Camp Trail, Castellero Loop, Yellow Kid Trail back to parking. Not recommended for summer. No potable water.

May15 recap

Third hike at Almaden Quicksilver County Park, June 4 2016 also at Hicks Road at Mt. Umunhum Rd. Hicks Road Wood Road entry point, Announcement Jun16.

Land of Medicine Buddha Retreat Center, Prescott Road, Soquel. Saturday May 9th

May15 Announcement and Directions

Jun15 Recap

One of the best hikes we've taken. Parking is a major problem, advance notice to the retreat center (and a donation) if a group is going. May need to park elsewhere and carpool in. Be sure to check out the May 15 announcement with suggestions, and also get an update from the retreat center. Haven't been there since before the forest fires ..... Check website for updated info.

East Bay Regional Parks Sunol Wilderness Area 1895 Geary Rd., Sunol, CA 94586

First Hike Sunday, June 14, 2015

Announcement and Directions Jun14, Recap Jul15

Check web site for updated information since completion of new Calaveras Dam. Might not be as pleasant this summer because of drought.

Sunday, July 26 Santa Cruz Lighthouse Field, Its Beach, and Trail to Natural Bridges

Good summer hike, but traffic terrible on weekends, get there early as possible.

Jul15 Announcement and Directions Aug15 Recap

September, October, November and December of 2015 there were no Husky Hikes.

Quarry Lakes Park at the Isherwood Staging Area -- January 24, 2016

Alameda Creek North Side Trail atop the levee, as well as Quarry Lake Park perimeter trail around the lakes. January announcement via e-mails, Feb16 newletter recap that includes info for additional hikes off Alameda Creek Levee Trails

Stulsaft Park in Redwood City, San Mateo county

First visit was April 10, 2016, Farm Hill Road Entrance

Recap May16

Second visit was Sunday, November 13, 2016. Goodwin Avenue Entrance (better parking, staging area) Recap Dec16.

This is a favorite hike for many members, although it is off limits some weekdays during summers due to Redwood City Nature Camps for kids. Check website for hours, days, leash regulations.

Vargas Plateau, East Bay Regional Park, first visit late May, 2016 Recap Jun16

Not convenient for a large group, a few adventurous souls may enjoy cool weather hikes here. Road is difficult, parking inadequate, no potable water, foxtales galore, but the views of the bay are spectacular.

Uvas Falls County Park south of San Jose off Bailey Road Saturday, June 11 Recap Jul16 Parking lot fills very early, and latecomers are turned away. Steady incline on Uvas Falls Loop Trail, lots of shade, can be crowded with people and dogs. Alternate trails look interesting. Update -- parking to be reserved in advance. High demand.

Windy Hill Open Space Preserve, Midpeninsual Regional Open Space District, above Portola Valley, Portola Road parking lot . Sunday, August 14, 2016 Betsey Crowder/Meadow/Spring Ridge loop Announcement/Directions Aug16, Recap Sep16 Suggested by Heron Ho, definitely worth revisiting.

There is another hike, downhill going east from Windy Hill that is quite steep. Santa Theresa Park, San Jose, Fortini Trailhead Saturday, April 28, Sean Brass Recap Apr18 "a beautiful trail among rolling hills and definitely on the lists of places for the club to return to."

Shady Oaks Park, South San Jose, Coyote Creek Trail to Hellyer Park. June 24 2018. Announcement May18.

Stanford Campus Oval, Sculpture Gardens. First Hike, July 15, 2018 Announcement Jul18. Recap Aug18 Second Hike, Sunday August 25 2018 Announcement Aug2018, Park at Oval, trail TBA

### Banana Peanut Butter Ice Cream

### Ingredients

- 3-4 ripe bananas, peeled
- 32 ounces plain yogurt, low-fat
- 1 cup peanut butter, organic

### Instructions

- 1. Add bananas, peanut butter, and yogurt to a blender.
- 2. Blend until thoroughly mixed.
- 3. Pour into ice cube tray and freeze.

PB & Banana DOC Ice Cream RECIPE

Next, pour the mixture into ice trays. You'll need about five or six ice trays for this amount. If you don't have that many available, just pour some of the mixture into a plastic zippered bag and toss it in the freezer to break up when you're ready to serve.

## Why we Foster?

By Arturo and Heron (from Siberian Tales April 2014)

My boyfriend and I have been fostering Siberian Huskies for over 5 years now. There have highs and lows, but through it all that we have never doubted ourselves for wanting to foster. Over the years people have asked us why we foster. This is our story ...

Kira is our 1<sup>st</sup> Husky, and was our first foster dog which also makes her our one (and only) "foster failure". She was rescued by NorSled (Northern California Sled Dog Rescue), and an older dog they figured she would be easier for a first time foster home. Kira was then 8 years old, 30 lbs. overweight, with a dirty unhealthy coat and no idea what in meant living inside a home having been a typical backyard only dog. She was not affectionate, stubborn and took forever to house train. Over the course of 3 months she improved greatly, losing the excess weight with exercise, proper nutrition and medication. During that time nobody showed much interest in adopting her. When she finally became that healthy beautiful husky that people look for, someone finally contacted us about adopting her. But at that point we decided to adopt Kira ourselves rather than place her. In our defense, we did not come to that decision lightly. We had seen many other rescues in NorSled and BASH (Bay Area Siberian Husky club) foster homes during those 3 months that would not have suited us. And we definitely wanted a husky of our own. Kira has many good qualities that fit our lifestyle. She is calm, not clingy, and good with strangers and small children just to name a few. We also thought she would be a good role model for future fosters (and she is!). Once the adoption paperwork was signed, the first thing we did was look for the next foster dog (and we've been placing them in forever homes since).

Kira taught me that there was a lot to know about rehabilitating and training dogs, and if I wanted to be successful at fostering I needed to educate myself. I started reading books on behavior and training, talked to trainers and behaviorist whenever I met one as well as other husky owners because I want to equip myself with the tools to deal with whatever temperament or issue my next foster might have. One particular foster was so stubborn that I broke down crying on the sidewalk during leash training. Eventually he took to the training and I learned a valuable lesson in perseverance. Yet another foster escaped from his crate and ripped up some expensive blinds because of his anxiety. That taught us how to "husky proof" dog crates, but more importantly we came to an understanding that it's not the dog's fault. We knew he would try to get out and then calm down after a few minutes, but weren't diligent in securing the crate door latch.

After a few years of fostering and placing many huskies, we were ready for our own 2<sup>nd</sup> Husky ... and so Diamond joined our pack. I am grateful that we have Diamond. He has his issues, but what he taught me is patience and understanding; LOTS of it as well as how to handle shy dogs. Sometimes I look back and I wonder how I managed to keep it together. But he made me a better person, and I will always be grateful for that lesson.

We buy pet stain remover by the gallons, and learned not to leave any clothing and shoes lying around the house. I have learned how to spot tension between dogs and attempt to de-escalate the situation before a fight brakes out, as well as how to administer first aid after a dog fight (Thank you Randee for always being so calm and patient talking me through different situations when I was either panicking or near tears). I have gotten bit a few times. I've learned about fearful dogs, and how to best rehabilitate those types. Experienced heartbreak when a foster we had placed had to be put to sleep, which taught me that some things are out of my control. I can only do my best with the dog and time I have.

Ok ... by now you might be wondering why the (you know what) would anyone want to put themselves through all that trouble, just to "give" that dog to someone else? Well, here's the answer:

We love each and every of foster dog, and treat them as if they are our own. It's never easy to let them go. However you get to see the joy, happiness and excitement of their new family. Then come the updates, and oh how we enjoy them!! You see how happy they are in their new home and how well they've adjusted. You get to hear about how their personality and character begins to blossom in a loving forever home, the mischief they've get themselves into, and the adventures they have. To know that you've taken part in providing a great life to husky in need is an indescribable feeling that warms your heart. We know that with every dog we foster that is one less dog that will be euthanized. We also know that you can't save them all but we do what we can; that's better than nothing.

Fostering is not for everyone. It is definitely a lifestyle change. You need to go in with the mindset that you are not trying to save every dog, but JUST ONE and understand that this dog is not yours to keep. You are not "giving him up" but giving him a family and a forever home.



Be mindful and prepared to accept that you may experience some property damage, disruption of your life, and at times loss of sleep. Foster not for recognition, but purely for helping a dog in need. If you can only foster one dog a year, then that is still one life you'd save and a big help to the cause.

So, if you have been wondering or thinking about fostering, try it! You may find out it's the sort of thing you've been looking for and not even know it. We are proof! Contact BASH bashrr@com-ctl.com for additional information

## SNDD has some great events scheduled again for this year....

Fun Run - Hobart Mills, Truckee CA

- Sat, Sep 18, 2021 12:00 AM Sun, Sep 19, 2021 12:59 AM
- All below cancelled because of the Dixie Fire

## All cancelled below because of Dixie Fire

<u>Fun Run Camp Out - Chester Race Site –</u>

Sat, Oct 16, 2021 12:00 AM Sun, Oct 17, 2021 11:59 PM

Co Rd 324, Chester, CA 96020

**<u>Mushing Clinic - Chester Race Site</u>** 

Sat, Nov 6, 2021 12:00 AM Sun, Nov 7, 2021 11:59 PM

Co Rd 324, Chester, CA 96020

Chester Race

Sat, Jan 15, 2022 12:00 AM Sun, Jan 16, 2022 11:59 PM

Co Rd 324, Chester, CA 96020

Go to their website SNDD.org for more information on each of the events. They don't have fliers yet but will soon.

Many of us have participated in these events over the years and they are great, well run and very informational. The Fun Runs are carting events on dirt very similar to what we do on Umunhum. (watch we may have an event or two up there this year also)

## **Rescues September 2021**

#### Heron Ho- HeronBASH@gmail.com

**Pigeon** came to us as a medical recovery case after being thrown out of a moving car on the 101. He had a rough start; distrusting humans, collar reactivity, excessive mouthiness, anxiety, mobility issues, and extreme distress during car rides.

His first few months with his foster family focused on healing his physical injuries. Once he was medically cleared, Pige began working diligently on learning to trust humans, crate training, leash manners, muzzle training, and basic obedience behaviors (sit, down, wait for food, leave it, come, and place). He rides comfortable in the car and will need to be in a down in the back seat or crated. He does really well for grooming; baths, teeth brushing, ear cleaning, and blow drying. Pige's still has a few kinks to sort out, he shows crate anxiety when in a new environment, and can get mouthy out of protest with people he doesn't know.

Due to his mobility issues, Pige will never be a marathon running partner, but he does well with low impact hikes and regular neighborhood walks. He loves to play and wrestle with his foster sibling and gets along with most dogs if introduced properly. He is very tolerant of handling by people he trusts and incredibly affectionate. He loves to snuggle and give kisses.

He has taken private obedience and group classes and his instructors rave about him. His instructor is incredibly generous and will donate 2 sessions with his new family so she can show you what an awesome dog Pige is. Pige is food motivated and loves to train and learn cute tricks. He knows paw, wave, and kiss.

Our ask for a new family is one that is dog savvy (specifically husky savvy), and is willing to continue training. Pigeon takes time to warm up but he's worth the task. He is a lovely low energy dog, with a really goofy side, and he settles in nicely once he knows your routine!

### Karen Fenton fendragn1970@yahoo.com

My name is Sprocket! I turn! I bounce! I play and make your days full of fun! I am a 5 month young, black and white, male Siberian Husky puppy with bright blue eyes. I play well with other dogs and know some basic commands. I am house broken and working on my overnight crate training. I am in full puppy mode so no toy is safe! I LOVE to play fetch with balls and squeaky toys, but I'll steal your socks too. I am a typical young male Siberian with a lot of energy to spare and a lot of spark to light up your house. I love to be naughty so I will need formal puppy obedience training and a firm, experienced, owner ready for an adolescent who will likely be close to 60# in adulthood. I am still a baby though so if you hold me in your lap and give me cuddles and rubs I will wiggle with glee.

Meet LeeLoo! Named after a character in the cult classic, Fifth Element, LeeLoo the Siberian Husky has some extraordinary abilities while still being gentle, timid, and loving to love.

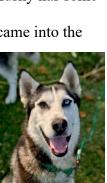
LeeLoo is a black and white, bi-eyed, young female Siberian Husky about 16 months old. She came into the

rescue traumatized, terrified and starving. After some weeks in foster care, encouraging her to trust again, she is ready for adoption to the right rescue experienced person or family. Though she was scared on arrival, she is also bold when it comes to jumping (like the movie character). She can easily clear a 6 foot fence and thinks nothing of jump ing off her foster mommy's second story deck. However, she always seeks out her chosen hoomans and is very connected with those who become her "pack."

LeeLoo is a delight to walk on leash and absolutely ADORES going for walks and trots. She is highly responsive to voice commands and could become an excellent Canicross or mushing partner. She also seeks praise and positive responses in running, working on recall, and daily

household activities. She is very very affectionate once she knows you and trusts you; very timid until that point.







## Bay Area Siberian Husky Club

Membership Renewal and Associate Application 2021-22

Membership \$35.00 To be a voting member you need to attend 2 general meetings and then ASK to be voted in as a voting member (hopefully in the future we will have meetings again.....)

Date	
Name(s)	_
Mailing address	
City, State, Zip	
Area code and phone	
E-mail Address	
Amount Enclosed \$	
l would like the new cletter realied to rea	

I would like the newsletter mailed to me.

Make checks payable to BASH. All memberships are valid through March 31, 2022. Send membership renewal form and check to:

Bay Area Siberian Husky Club, 2633 S Bascom Ave, Campbell CA 95008

### Bay Area Siberian Husky Club

www.bayareasiberian.org 2633 S. Bascom Avenue Campbell, CA 95008